



Trevallyn Primary School

TOPICS 6

13 May 2022

FROM THE PRINCIPAL

IT'S GREAT TO SEE EVERYONE BACK

UPCOMING EVENTS

Thursday 19 May

Cross Country (Grade 3-6)
(rain day Friday 20 May)

Thursday 26 May

Design Day (Grade 5-6)

Thursday 26 May

School Association Meeting - Multi-purpose room
(RSVP to the school office by Friday 20 May)

Friday 27 May

LSSSA Cross Country - Windsor Park

Monday 30 May - 10 June

Swimming and Water Safety (Grade 3-5)

Friday 3 June

Mother's Day Breakfast (TBC)

Thursday 16 June

Bravehearts Ditto Program (Prep-Grade 2)

TERM DATES 2022

Term 2

Monday 2 May- Friday 8 July

Term 3

Tuesday 26 July - Friday 30 September

Term 4

Monday 17 October - Wednesday 21 December

2022 Student free days

(Professional Learning Days)

Monday 25 July

Friday 4 November

We have hit the ground running! It is so wonderful to have children back and our class attendance back over 90%. Although we all carry the concerns of COVID-19 in our community it is important all children are at school learning every day. Please remember if your child / children are absent from school to send a message via Schoolzine, or trevallyn.primary@education.tas.gov.au, or call the front office by 9:15am.



Please read the information about COVID-19 close contacts.

Children get sick for a variety of reasons. If your children are unwell, it is very important that you keep them home to allow them to rest and recover. Always seek medical advice if symptoms persist.

Arriving on time ready for learning, please remember that classes start at 9:00am. If children arrive after this time you will need to sign them into school. Children should arrive no earlier than 8:30am.

VOLUNTEER WORKSHOPS

Thank you to all the parents who participated in the volunteer workshops last week. Your time is valued, and we are committed to setting everyone up for success.



FROM THE PRINCIPAL...

We covered topics such as:

- Purpose and benefits of volunteering
- Key Department of Education documents and requirements
- Working in classrooms
- School Association, Uniform Shop and Canteen
- Parent passions and interests

If you are interested in volunteering at Trevallyn and did not get an opportunity to attend last week, please contact the front office. We will run more sessions later in the term.

SCHOOL IMPROVEMENT

This week staff worked with Lisa Drinkwater (Our Inclusive Practices Coach) to continue to develop our understanding of the brain and regulation. Teachers have been trialling different strategies to support children being set and ready for learning. These include regulation tools, positive primers, brain breaks and explicit instruction about regulation and how our brains work. In many classrooms students have been connecting with the Zones of Regulation.

The Zones is a systematic, cognitive behavioural approach used to teach self-regulation by categorizing all the different ways we feel and states of alertness we experience into four concrete-coloured zones. The Zones framework provides strategies to teach students to become more aware of and independent in controlling their emotions and impulses, manage their sensory needs, and improve their ability to problem solve conflicts.

The Zones of Regulation incorporates Social Thinking® (www.socialthinking.com) concepts and numerous visuals to teach students to identify their feelings/level of alertness, understand how their behaviour impacts those around them, and learn what tools they can use to manage their feelings and states.

THE FOUR ZONES: OUR FEELINGS & STATES DETERMINE OUR ZONE

The Red Zone is used to describe extremely heightened states of alertness and intense emotions. A person may be elated or experiencing anger, rage, explosive behaviour, devastation, or terror when in the Red Zone.

The Yellow Zone is also used to describe a heightened state of alertness and elevated emotions; however one has more control when they are in the Yellow Zone. A person may be experiencing stress, frustration, anxiety, excitement, silliness, the wiggles, or nervousness when in the Yellow Zone.

The Green Zone is used to describe a calm state of alertness. A person may be described as happy, focused, content, or ready to learn when in the Green Zone. This is the zone where optimal learning occurs.

The Blue Zone is used to describe low states of alertness and down feelings such as when one feels sad, tired, sick, or bored.

<https://www.zonesofregulation.com/learn-more-about-the-zones.html>



FROM THE PRINCIPAL...

DESIGN DAY

Our School Leaders started their Design Day work last term. All students in years 5 and 6 will participate in Design Day this year. We are looking for parent (and friends) volunteers to share expertise in the following areas chosen by our student leaders using the UNESCO Global Goals.



1. No Poverty

- Homelessness in the community and world.



2. Zero Hunger



3. Good Health and Wellbeing

- Student Wellbeing and student opinion
- Student belonging in school



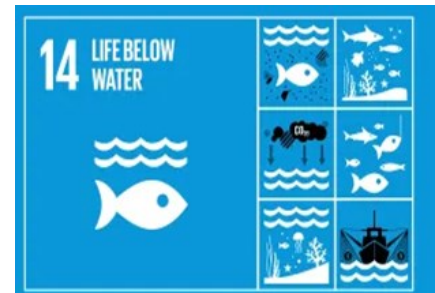
5. Gender Equality

- Respect and raise awareness



13. Climate Action

- Plastic and soft plastics
- Fuel/emissions from cars/buses



14. Life Below Water

If you are or know an expert in the above fields, could you please send details to me here at school. We ask experts to set up a (very small) display and engage with students to design a project they can lead in the school. We are aiming for Design Day to be held on Thursday 26 May. Experts are usually needed 9:45am – 12:00pm.

Thanks Trevallyn!



Louise Corrigan
Principal
Trevallyn Primary School

CHANGES TO CLOSE CONTACT REQUIREMENTS

Public Health has recently changed the rules for close contacts of COVID-19 cases so that they no longer need to isolate.

This means that if your child is a close contact – and importantly, symptom-free – they can attend school (except for support schools).

They would however need to pass a daily rapid antigen test before leaving home each day, for a seven-day period. Advice for close contacts is available on the [Tasmanian Government Coronavirus website](#).

You will only need to let us know if your child is a close contact if they're **not attending** school.

Close contacts should practise COVID-safe behaviours including good hand hygiene, physically distancing from others when they can and staying away from school if they have any symptoms.

While primary aged close contacts are not obliged to wear a mask in school, they can still choose to if it is practicable for them and they are happy to do so.

If your child is medically vulnerable and you have concerns with the changes to close contacts, then you may wish to work with your child's medical practitioner to identify further options to reduce the risk of COVID-19 to them. If you have any concerns, please talk to us about alternative learning options.

If you have any questions or concerns, please contact our school office.

For more information about COVID-19, please visit the [Tasmanian Government Coronavirus website](#) or contact the [Tasmanian Public Health Hotline](#) on 1800 671 738, or Department of Education COVID-19 Support Hotline at COVID19support@education.tas.gov.au or on 1800 816 057.

If you need support translating or interpreting this information, contact the [Translating and Interpreting Service](#) on 131 450.

MANAGING COVID-19 IN SCHOOLS

This term, there will be some changes in how COVID-19 cases are managed in schools.

Our school will continue to work closely with Public Health to safely manage any COVID-19 cases, with a focus on testing students and staff who have symptoms.

The number of students and staff with COVID-19 will be closely monitored, and we will work with Public Health to respond as needed. If there's an increase in cases, Public Health will tell us what we need to do and what actions families will need to take.

Parents and carers will no longer receive a message every time there is an individual case in a class or grade – unless students or staff are medically vulnerable.

If you have any questions or concerns, please contact our school office.

For more information about COVID-19, please visit the [Tasmanian Government Coronavirus website](#) or contact the [Tasmanian Public Health Hotline](#) on 1800 671 738, or Department of Education COVID-19 Support Hotline at COVID19support@education.tas.gov.au or on 1800 816 057.

If you need support translating or interpreting this information, contact the [Translating and Interpreting Service](#) on 131 450.

SCHOOL ASSOCIATION

We have several upcoming event this term.

Democracy Sausage Sizzle – this will be run by the School Association on Election Day, Saturday 21 May. There will be egg & bacon rolls from 8.00am -10.00am and a BBQ from 10.00am-2.00pm. Please support our students and school by purchasing breakfast or lunch when you come to vote. The proceeds from this event will be used for the Kitchen Garden Program.

Mother's Day Breakfast – we are looking at holding this delayed event on Friday 3rd June. Save the date, further details will be coming soon!

The next meeting will be at 7.00pm on Thursday 26 May in the multi-purpose room. Everyone is welcome to attend. Please RSVP to the school office on 6331 9657 or trevallyn.primary@education.tas.gov.au

Alena Grubert
Secretary



House Colours Day

The House Captains would like to thank everyone for showing up in their house colours for the last day of Term 1!

It was fun to see all the great outfits and house spirit on display, with even the teachers and K-2 students getting involved!

MOTHER'S DAY STALL

On the 5th and 6th of May the school hosted the annual Mother's Day Stall to give students the opportunity to independently and thoughtfully purchase a gift or make a free gift for someone special in their lives. The stall was organised and run by parent volunteers and student leaders. The stall raised over \$950. The money raised through the Mother's Day stall will fund the purchase of a new BBQ that will support future school events and fundraising activities. The remainder will contribute to the purchase of resources identified by the student leaders and school to further support learner outcomes. Many thanks to the school community and volunteers for their generous donations of gifts and time to make this stall a great success.



FROM THE SCHOOL NURSE

With the easing of some Covid restrictions, we have been allowed to re-commence Kindergarten Health Checks. This will begin next week with the outstanding checks for our current Prep students. Consent forms for current Kindergarten students are being sent home in the next week and it would be appreciated if these could be filled out and returned to the school office.

Kylie Gibbins
School Health Nurse

1/2 REID-MITCHELL

At the end of last term one in 1/2 Reid-Mitchell students enjoyed decorating their own Easter Egg and using the iPad to capture it. They also loved practising their maths skills with Toss the Carrot.



The 2022 Premier's Reading Challenge (PRC) has kicked off in Term 2!

The PRC challenges students from Prep to Year 6 to make reading a fun part of their day and read 10 books in 10 weeks. Students record all their reading into a special reading log which is collected by the class teacher by Wednesday 6th July.

It is not a competition but a challenge to each student to read, to read more and to read more widely. There are random draw prizes and participants receive a certificate and bookmark.

All Tasmanian students from Prep to Grade 6 are encouraged to take part in the challenge, no matter what their reading level.

We encourage parents to get involved. Helping your child choose books, reading to them and listening to them read are great ways to help your child to engage in reading. For more information visit: www.premiersreadingchallenge.tas.gov.au

LAUNCHING INTO LEARNING REMINDER

Thank you to those parents who booked into one of our sessions. If you have pre-booked a session but find you cannot attend, please contact the office on 6331 9657 or trevallyn.primary@education.tas.gov.au as soon as possible so we can give that spot to a family who are on the waiting list.



Week 3: Friday 20 th May Book in Session	Indoor/Outdoor Session Session 1: 9.00 am – 9.50 am or Session 2: 10.10 am – 11.00 am	Indoor and Outdoor at the Kindergarten
Weeks 4 – 9 27 th May – 1 st July No LiL Session Week 10 – 8 th July	Details to be advised.	To be advised

GRADE 3 –6 CROSS COUNTRY

The Grade 3-6 Cross Country will be held on Thursday 19 May at the oval. Spectators are welcome to attend. We will have a designated area for spectators and ask that you stay in this area, separate from staff and students, abiding by Covid safe protocols.

11:45am	Grade 5 Girls	1:55pm	Grade 3 Girls
11:55am	Grade 5 Boys	2:05pm	Grade 3 Boys
12:10pm	Grade 6 Girls	2:20pm	Grade 4 Girls
12:20pm	Grade 6 Boys	2:30pm	Grade 4 Boys

BRIXHIBITION

Congratulations to Hendrix P who placed 3rd in the Launceston Brixhibition Schools Competition with his entry Mother Nature and the Lost Trees.



URGENT-CANTEEN VOLUNTEERS NEEDED



Do you have time to help out in our canteen Wednesday to Friday between 11.00am and 1.00pm? Please contact the school office on 6331 9657 to register your interest.



Trevallyn Primary School

CONTACT DETAILS

55 Gorge Road

Trevallyn Tas 7250

Phone 03 6331 9657

Email trevallyn.primary@education.tas.gov.au

Web <https://trevallynprimary.education.tas.edu.au/>