



TOPICS I

8 February 2019

Trevallyn Primary School

UPCOMING EVENTS

Thursday 14 February

Student Leadership and House Captain Elections

Wednesday 20 February

Prep - Grade 2 Assembly Host - 2 Alexander
2:10pm Multi Purpose Room

Thursday 21 February

School Association Meeting
7pm Staffroom

Wednesday 27 February

Launceston Cup Day (student's do not attend)

Thursday 28 February

Bravehearts Session Kindergarten - Grade 2

Friday 1 March

Launching Into Learning - Parent Child commences
Kindergarten rooms 9:00am - 10:30am

Friday 22 March

TASTE of Trevallyn

TERM DATES 2019

Term 1

Wednesday 6 February - Thursday 11 April

Easter

Friday 19 April - Tuesday 23 April

Term 2

Monday 29 April - Friday 5 July

Term 3

Tuesday 23 July - Friday 27 September

Term 4

Monday 14 October- Thursday 19 December

2019 Student free days**(Professional Learning Days)**

Friday 12 April

Monday 22 July

Friday 1 November

FROM THE PRINCIPAL

Welcome back everyone!

What a smooth, settled and wonderful start we have had.

I am extremely excited about 2019 and our students and staff showed this excitement with our return on Wednesday. In particular, welcome to students and families who are new. Thank you to parents/carers for ensuring students arrived back healthy, happy, refreshed, ready to learn and looking very smart in their uniform.

We are privileged to be have a school team with some newcomers. To our new colleagues, Michael Trotman (Grade 4), Margaret Clark (P/1WC), Tom Waller (3dW), Mel Eastley (Teacher Assistant) Zac Vedovelli (6SV and PE), Rachelle Fassett (5JF and 6PF), Zac Vedovelli (PE and 6SV), Jesse North (IT) and Stephen Dodd (IT), we extend a very warm welcome to our wonderful school and community. We are delighted that you will join our team in 2019.

Our enrolment number is close to 460 with 19 classes. I have included our class and teacher structure later in the newsletter.

We are extremely appreciative and grateful to Susan Smith, Elissa McKellar, Ange Shipp and Farrah Wigg who have devoted a great deal of time and energy to assist and support families with uniforms. This is an exceptional volunteer role and service to our school community and School Association. THANK YOU. Also, thank you to Mrs Lyn Steel, our grounds, cleaning staff and Admin staff for your work to have our school looking its best and your tireless efforts during the summer holiday period. During the holidays the Kitchen Garden has continued to produce and a "spruce up" in recent weeks has it looking beautiful. Lori and Kat are ready for another year of fantastic learning. The canteen operated all week and the menu is delicious and healthy.



FROM THE PRINCIPAL CONTINUED

Jo Beswick allowed us to open on Wednesday with three exciting art installations around the school that created warm, welcoming and exciting reactions from everyone. What a lucky community we are. You are fantastic Jo! We greatly appreciate your efforts, enthusiasm and skill.

Over the holidays quite a number of our school community attended School of Rock in Melbourne. The comments are so positive. We continue to be so proud of our student Bailey Landeg in his major role and his outstanding performances.

All the very best to everyone for a successful and fulfilling year of learning.

Annette



ADJUSTING TO THE FIRST WEEKS OF SCHOOL

Back to school can be a very emotional time for children. For first-time students, being away from parents, adjusting to a new environment with new people, and adapting to a new routine can be overwhelming. You can help by talking about the positive aspects of school. Tell stories about your happy, funny and enjoyable experiences at school. Establish regular bedtime and wake-up routines. Children, including teenagers, need plenty of sleep. They may be more tired than usual and need time to relax. You may find that rather than becoming more grown up, young children might regress or become more difficult or defiant, in response to the pressure of the new routines.

Children normally shed a few tears when they part from their parents. Try not to extend your stay because it can prolong and intensify the child's reaction. This behaviour may last a few days or weeks. Teachers are prepared to handle the situation and if alerted that a child may react badly to separation, they can give the student a special job or a partner in the class to help with the adjustment period. Even if children have been to school previously, they might still find their initial weeks a period of change and pressure.

Talking to your child

Your child may be anxious about what to expect at school. If so, one way of helping them is to talk through their fears:

- Explain where they will be going, what they will be doing and for how long.
- Set aside time to talk about school and take an interest in what they have been doing.
- Listen carefully to any worries your child might have, but build on their positive experiences.
- Find out about what happens at school during the day so you have a realistic picture.
- Keep a regular routine at home to keep pressure to a minimum.
- Use school newsletters and information to make sure your child knows what is happening and is informed and prepared about any changes to their routine.
- Encourage your children to build friendships with children in their class.

Keep positive as most challenges will resolve themselves as your child adjusts to a new way of life.

Helping your child

- Even little children get the blues. If your child doesn't seem happy or is acting differently, try to find out what is upsetting them. If nothing seems to work, check with the school.
- School-aged children can be demanding and irritable. Be patient and reassure them that they can make a success of the year.
- Help your children get the best out of school, try to find out why and, if necessary, contact the school.
- Set some ground rules with your children but be prepared to give and take on what they can and can't do. Avoid excessive penalties and try to keep things in balance.
- If your family is going through change, allow yourself and others in the family to have mixed feelings. Different members of the family may feel differently about the same event. Try to let everyone express how they feel.
- Some children like to have other trusted adults they can talk to like a grandparent, aunt or uncle, a teacher or family friend. Encourage them to reach out to someone else if you are finding it hard to get through. Often they just need a sympathetic ear as they talk out their anxieties.

MEET OUR NEW TEACHING STAFF



Mrs Margaret Clark - Prep-I-WC

My name is Margaret Clark and I am absolutely delighted to be teaching at Trevallyn Primary School this year. I come to TPS with over 30 years of teaching experience in a range of primary schools around Launceston, as well as a substantial period of time teaching in international schools in Europe and Asia. I will be working in partnership with Cate Walker on Prep-I-WC and I am really looking forward to getting to know the school community and nurturing the students in my care during this year. I am deeply passionate about student health and wellbeing, as I believe these are crucial factors that promote successful learning. I am married to husband Steve, and have two grown children, Milly and David. All three still manage to keep me busy however! I am truly excited to join this vibrant community and hope that I can engage with many parents during this school year.



Mrs Rachelle Fassett - 5-JF and 6-PF

Hello! I am excited to be joining the team at Trevallyn Primary School this year. I recently completed a Master of Teaching (Primary) at the University of Tasmania and have been working as a relief teacher at Youngtown Primary School. I live with my husband, five children (including triplets!) and a mischievous dog. I love spending time with my family and friends, listening to music, playing my flute and reading. I am really looking forward to meeting and getting to know our students and their families during the coming year.



Mr Michael Trotman - 4-T

My name is Michael Trotman and I am thrilled to be joining the Trevallyn community. I have been teaching since 2006 and I have been lucky enough to teach many grades. I am married and I have three children.

I enjoy travelling whenever possible and like to experience different countries and cultures.

I am very excited to be joining the Trevallyn Primary team and look forward to meeting many new faces as the year goes on.



Mr Zac Vedovelli - 6-SV and PE

Hi everyone, my name is Zac Vedovelli and I have been a Physical Education and classroom teacher for the past 7 years in both primary and secondary roles. I have grown up playing a number of sports including soccer, rugby, touch football, basketball and have a love for snowboarding and surfing. My wife and I enjoy travelling and we look forward to doing more with our new baby daughter. I am very excited to be part of the Trevallyn team and look forward to meeting you all.



Mr Tom Waller - 3-dW

Hi there. My name is Tom Waller and I am thrilled to be joining the Trevallyn teaching team. This is my first year teaching and I can't wait to get started. Before teaching I completed a Bachelor of Business from 2012-2015 then went travelling and played a season of cricket in the UK. During that time, I lived with two teachers who were involved with my club which convinced me to pursue teaching. Since then I have loved being involved in the classroom environment creating relationships with students, parents and staff!

If you see me around feel free to stop and have a chat, I'd love to get to know you!

REMINDERS

- **Launceston Cup Day - Wednesday 27 February - students do not attend school.**
- All Parents/Carers/Guardians/Volunteers wanting to be involved in an Excursion/Parent Help etc are required to hold a current **Working with Vulnerable People Card**. If you are attending an Excursion/Parent Help etc you must carry your card at all times and sign in/out at the office. **The office no longer holds card numbers on file.** Please contact the school office for more information.
- Please clearly name all items your child brings to school eg: clothing, lunch boxes and drink bottles. Class teachers will be assisting children to label unnamed drink bottles.
- Please keep school gates closed at all times for students safety.
- School Newsletter will be available via the Schoolzine app (download instructions on page 5), limited hardcopies available at the school office.
- Validation and permission forms have been sent home with students this week. Please complete and return to the school office no later than **Friday 22 February**.
- If you child has a medical condition which may require special treatment, eg: asthma or allergies, you will need to complete a new authorisation form for 2019. Forms available at the office.
- A reminder to parents and carers if your child will be absent/late, please notify the school by 9:30am. You can do this via schoolzine, email (trevallyn.primary@education.tas.gov.au), in person or phone (6331 9657). Please do not email individual staff members. Please ensure that all parent contact mobile numbers are up to date.
- Invoices for school levies were sent to families in January and are due at the end of February. Please contact the office if you would like to arrange to pay levies by instalments .

CLASSES FOR 2019

Kindergarten-G Mrs Natasha Gibbons	Kindergarten-F Mrs Rachel Ferrall	
Prep-B Mrs Emma Bolzonello	Prep-SC Ms Kassamira Stanton Mrs Fiona Cramp	Prep-I-WC Mrs Catherine Walker Mrs Margaret Clark
Grade 1-H Miss Allison Hepburn	Grade 1-RG Mrs Emma Reid Mrs Anna Goss	
Grade 2-AL Ms Justine Alexander	Grade 2-AN Ms Kate Andrew	Grade 2-BO Mrs Susan Bender Mrs Beck Oliver
Grade 3-dW Mrs Claire de Boer Mr Tom Waller	Grade 3-R Mrs Sharon Rodrigues	
Grade 4-R Mrs Cindy Radosavljevic	Grade 4-T Mr Michael Trotman	Grade 4-5-P Mr Rob Partridge
Grade 5-B Mrs Jillian Bransden	Grade 5-JF Mrs Beth Johnston Mrs Rachelle Fassett	
Grade 6-PF Mrs Anita Price Mrs Rachelle Fassett	Grade 6-SV Ms Rhona Stevenson Mr Zac Vedovelli	
PE Mr Zac Vedovelli	Music Mr Andrew Lamb	LLI Mrs Fiona Cramp

FIRST DAY OF SCHOOL 2019



SCHOOL COMMUNICATION - SCHOOLZINE (SZAPP) APP

Don't forget to download the Trevallyn Primary School Schoolzine (SZapp) App which is used to notify parents of important events.

It is available to download on compatible Apple, Android and Windows 8.1+ devices. You can do this by going to the 'App Store', 'Play Store' or 'Windows Store' and search for SZapp then download and install the app.

Our TOPICS Newsletter will be available via Schoolzine or by collecting a hard copy from the school office. TOPICS this year will be available Friday's.

Student absences can be notified to the school using Schoolzine

INSTALLING SCHOOLZINE

SZapp gives you easy access to:

- Weekly Newsletters
- Latest News and Reminders
- Forms and Documents
- Absentee and Contact Forms



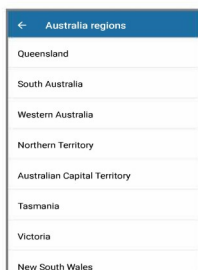
INSTALLING SZapp

Apple devices:

1. On your device, open the App Store.
2. Search the App Store for SZapp.
3. Download and install SZapp.

Android devices:

1. On your device, open the Play Store.
2. Search the Play Store for SZapp.
3. Download and install SZapp.

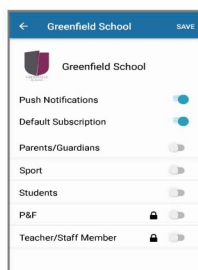
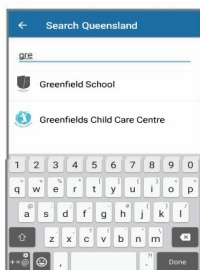


FIND YOUR SCHOOL

Select your school's region.

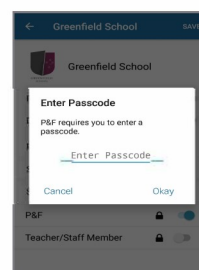
Search for and select your school.

If you have installed more than one school, you can pick which school you would like to be your Default Subscription.



MANAGING NOTIFICATIONS

Choose which group/s you would like to receive notifications from.





Canteen Menu – Term 1

Canteen opening hours Wednesday - Friday

RECESS – SELECTION FROM

Fresh Fruit	\$0.50
Fruit Salad Cup - variety seasonal fruit	\$1.00
Savoury Cup - crackers, hummus, veggie sticks	\$1.50
Popcorn	\$0.50
Pikelets	\$0.50
Mini Muffin	\$0.50
Scone	\$0.50
Small Savouries	\$0.50

EVERYDAY LUNCH OPTIONS

Lasagne and Salad	\$5.00
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Salad Wraps and Rolls

Vegetarian Wrap	\$4.00
Ham or Chicken Wrap	\$4.50

Vegetarian Roll	\$2.50 small \$4.00 large
Ham or Chicken Roll	\$3.00 small \$4.50 large

(lettuce, cheese, tomato, cucumber, carrot)

Mayonnaise	\$0.20
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Sandwiches – wholemeal or white

One filling	\$2.50
Extra Filling	\$0.50
(chicken, ham, lettuce, cheese, tomato, cucumber, carrot, egg, pineapple, beetroot)	
Curried egg and lettuce	\$3.50
Mayonnaise	\$0.20

Toasted Sandwiches – wholemeal or white

Chicken and Cheese	\$3.50
Ham and Cheese	\$3.50
Cheese	\$3.00
Extra Filling (tomato and pineapple)	\$0.50
Hot Cheese Roll	\$2.50

Salad Bowl

Vegetarian	\$4.00
Ham or Chicken	\$4.50
(lettuce, cheese, tomato, cucumber, carrot, egg, pineapple, beetroot)	
Mayonnaise	\$0.20

Drinks

Flavoured Milk, Caramel, Chocolate, Strawberry or Plain	\$2.00
Water 600ml	\$1.50
Just Juice Fruit Boxes (Apple & Blackcurrant or Paradise Punch)	\$2.00

SPECIALS

Wednesday

Small Pies	\$1.70
Sausage Roll	\$2.50
Potato Pie	\$4.50
Meat Pastie	\$4.50
Tomato Sauce	\$0.30

All pastry items sourced from the Trevallyn Bakery

Caesar Salad	\$5.00
(Lettuce, bacon, croutons, egg, Parmesan cheese and dressing)	

Thursday

Beef Burger	\$3.00 small
Beef Burger	\$4.50 large
(lettuce, tomato, cheese and tomato sauce)	

Pizza ham and pineapple	\$3.50
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Friday

Chicken Breast Wedge	\$1.20
3 Chicken Breast Wedges	\$3.00

Chicken Burger	\$4.00
(lettuce, cheese and mayonnaise)	

Lunch Pack	\$5.00
(2 ham and salad pinwheels, fruit salad, crackers, cheese and vegies comes with an ice cold 250ml water)	

Icy poles available at lunch time	\$1.00
Vege Chips at lunchtime	\$1.00

All orders to come to school in an envelope with name, class and order written on the outside.

Keep an eye out for specials throughout the term.

School Banking. Helping kids learn the value of saving.

What pocket money can teach your child.

Pocket money can help teach kids about the value of money and how to look after it. However, there's no 'one size fits all' approach and it's important to decide what's right for your family. Research of over 1,000 parents of primary school students revealed that 55% give regular pocket money[^] and here's how they manage it:



Over half give less than \$10 per week (\$5 - \$10 is the most common range). There's no right or wrong – the amount should suit your family situation.



Around 4 in 5 parents link pocket money to the completion of a chore or task. This can help children understand that money needs to be earned.



On average, kids save about half of their pocket money each week. Learning to put money aside for a bigger goal is a valuable life skill.

Join the Dollarmites on a Polar Savers adventure.

The majority of parents think it's important to make learning about money engaging and to reward good saving behaviour[^]. So to help, our Dollarmites characters (Pru, Addy, Spen, Lucas and Pat) are taking School Bankers on a Polar Savers adventure, that's full of exciting rewards.

Students participating in School Banking will receive a silver Dollarmites token each time they make a School Banking deposit at school (maximum one per week). Once they've collected 10 tokens, they can redeem them for a Polar Savers reward.



Polar Savers Rewards:

Term 1: Scented Stackable Highlighter, Snowy Origami Set

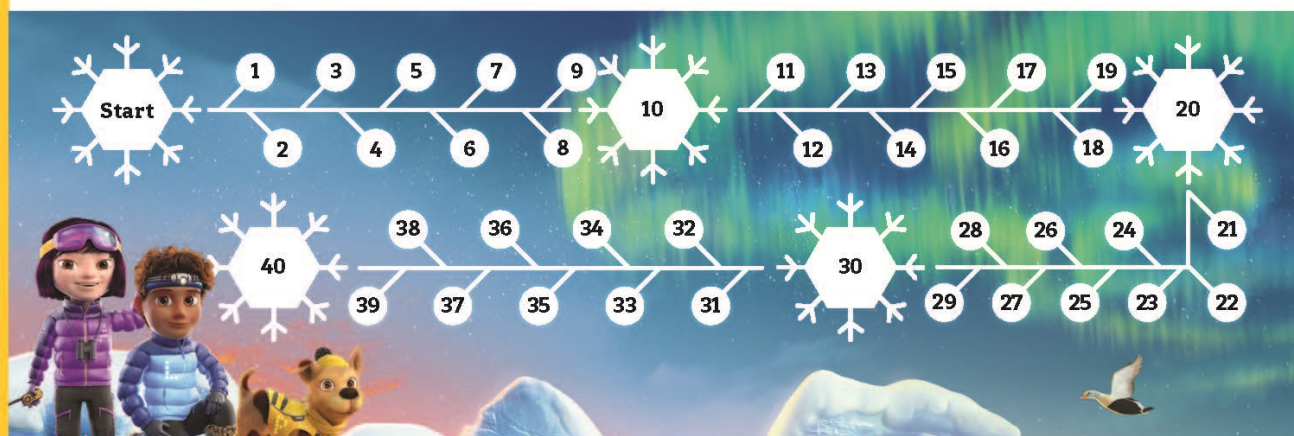
Term 2: Yeti Fluffy Notebook, Icicle Slapband Ruler

Term 3: Arctic Owl Fluffy Keyring, Scratch Art Cards

Term 4: Water Skimming Bounce Ball, Polar Pencils & Pencil Toppers

School Banking Deposit Tracker.

Colour in a number every time you make a deposit at school. For every 10 School Banking deposits you can redeem a reward.



To find out more about the School Banking program and how to get your child involved, ask your School Banking Co-ordinator for a School Banking Parent Pack or visit commbank.com.au/schoolbanking

[^]Parents of Australian primary school children (n=1144), School Banking Research, conducted by Fiftyfive5, May-June 2018. Commonwealth Bank of Australia, ABN 48 123 123 124.

SCHOLASTIC BOOK CLUB

Don't forget to look for the Book Club Issue 1 catalogue that will be coming home in your child's schoolbag.

Book Club provides a fun and convenient way of bringing the best in children's literature into your home. It's packed full of exciting books from best-selling authors, popular titles and series that kids love, as well as products and books that make perfect gifts for younger siblings who may not be at school yet.

Orders must be received no later than Thursday 21 February (NO LATER ORDERS WILL BE ACCEPTED),

Ordering from Book Club is easy - simply go online and place your order and then Scholastic's 'book elves' take care of the rest. Before you know it, your child will have a lovely surprise to take home once their order gets delivered to their classroom.

When ordering from Book Club, you are not only helping your children, but you are also helping your school - 20% of your spend goes back to your school in valuable Scholastic Rewards, which are used to purchase new books. Every order is valuable!

To celebrate the start of the New Year, any family ordering from Issue 1 will also receive a free *All About Me Activity Journal* to help us kick-start our 2019 plans.

For more information about Scholastic and Book Club, visit www.scholastic.com.au



LIBRARY NEWS

Back to borrowing books next week! There will be many new books on display waiting to be borrowed so make sure your child/children are armed with suitable library bags. Library bags can be purchased at the clothing pool or alternatively a strong waterproof bag will also do. Please note that the borrowing period is two weeks. I am pleased to announce that the library will continue to be opened during lunchtime 1-1.30pm Tuesday-Thursday.

Mrs Vogel-Reed - Library Technician



STUDENT MOBILE DEVICES

Students are reminded that if bringing a mobile phone/ ipod/ipad to school, it must be signed in each morning at the school office.



Trevallyn Primary School

CANTEEN OPENING HOURS

Wednesday, Thursday and Friday

UNIFORM SHOP OPENING HOURS

Monday afternoons 2:30pm – 3:30pm and
Tuesday mornings 8:30am – 9:30am

CONTACT DETAILS

55 Gorge Road

Trevallyn Tas 7250

Phone 03 6331 9657

Email trevallyn.primary@education.tas.gov.au

Web <https://trevallynprimary.education.tas.edu.au/>